



# THE FOUR WINDS SOCIETY

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## AN INTRODUCTION TO HEALING THE LIGHT BODY

FRIDAY, SEPTEMBER 17

7:00 – 9:00 PM

TUITION \$20.00

Shamans understand that we have a luminous energy field that surrounds the physical body, and which holds a record of all our emotional, physical, and spiritual traumas; the luminous energy field is a blueprint that determines how we will heal, how we will live and how we might die.

In this introductory lecture, Jim Dewell, a member of The Four Winds Senior Staff, will discuss the healing practices employed for 10,000 years by the Shamans of the Americas. The ancient practices are presented in a scientific and practical system of energy healing that allows us to discover states of exceptional health and well-being, as well the opportunity for conscious participation in our future evolution.



FOR MORE INFORMATION  
OR TO REGISTER  
PHONE 805-964-4861  
OR REGISTER ONLINE:  
[HTTP://CENTEROFTHEHEART.COM](http://centeroftheheart.com)

CENTER OF THE HEART  
487 NORTH TURNPIKE ROAD  
SANTA BARBARA, CA 93111

SATURDAY, SEPTEMBER 18

10:00-5:00 PM

TUITION \$100.00 FOR FULL DAY, \$95.00 FOR BOTH

In this day long workshop, Jim Dewell, a member of The Four Winds Society Senior Staff, will share the Shaman's core practices of Energy Medicine. The luminous energy field that surrounds the human body holds the records, or "imprints" of our emotional, physical and psychological traumas and of our well-being. The work of a Shaman is to bring balance to the luminous energy field.

Topics for Discussion will include:

- The illumination process to clear imprints in the energy field before they have a chance to express as disease in the body.
- A process for extracting toxic energies that have embedded themselves in the luminous energy field.
- Soul retrieval work to revisit past traumatic events and recover the essential self.
- Rites of passage including life and death rites.

HLB SOUTH CLASS BEGINS IN PARK CITY UTAH:  
SEPTEMBER 12-17, 2010

ABOUT JIM DEWELL

Jim Dewell is a native of Southern California. He is a graduate of Stanford University, with a degree in Human Biology, and The George Washington University School of Medicine. He was board certified in Family Medicine, which he both taught and practiced. In 1992 he left the practice of Western medicine. A graduate of the Four Winds Society, he maintains a shamanic healing practice in Southern California.

