



THE FOUR WINDS SOCIETY

THE SHAMAN'S WAY OF HEALING: AN INTRODUCTION TO HEALING THE LIGHT BODY WITH JEANETTE MANTEL



FOR MORE INFORMATION
OR TO REGISTER CONTACT
SHAMAANIKOULUTUS@GMAIL.COM

HANNA +358 (0) 41 7785692

AVAILABLE 17:00 - 21:00

MINNA & ARI

+358 (0) 44 9313271

HOTEL ELOHOVI
KURJOLAMMENTIE 38
TERVALAMPI
FINLAND
WWW.ELOHOVI.COM

SATURDAY, & SUNDAY

OCTOBER 10 & 11

FULL DAY WORKSHOP, 10.00 - 17.00

COST: € 100

In this two day workshop, Jeanette Mantel, a member of The Four Winds Society Senior Staff, will share the Shaman's core practices of Energy Medicine. The luminous energy field that surrounds the human body holds the records, or "imprints" of our emotional, physical and psychological traumas and of our wellbeing. The work of a shaman is to bring balance to the luminous energy field.

Topics for Discussion will include:

- The illumination process to clear imprints in the energy field before they have a chance to express as disease in the body.
- A process for extracting toxic energies that have embedded themselves in the luminous energy field.
- Soul retrieval work to revisit past traumatic events and recover the essential self.
- Rites of passage including life and death rites.

OPTIONAL FIRE CEREMONY

OCTOBER 10 @ 19:00

COST: € 20

Fire Ceremony is one of the key practices of the Shaman which allows us to work directly at the level of the Soul. Come experience fire ceremony as a way to sit with Spirit and release old ways of being.

ABOUT JEANETTE MANTEL

Jeanette Mantel lives in Stockholm, Sweden where she has an active Shamanic Practice providing healing sessions, training, and ceremonies. Her passion is teaching energy medicine and being an inspiration to others for health and healing. By walking the path of the Shaman she lives her dream of contributing to the changes necessary for creating a peaceful world.

