

THE FOUR WINDS SOCIETY

CHILE EXPEDITION

MEDICINE JOURNEY
TO THE ANDES
WITH MARCELA LOBOS
October 16-25, 2009

SAMPLE DAY BY DAY
LAND COSTS: \$3350



Call: Ruby Parker

US: 888.437.4077

Europe: 001.435.647.5988

Questions? E-mail us.

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- Day 1** Morning arrival to Santiago's International Airport. Transport to our beach resort Canal OM (www.canalom.com). Afternoon rest, walk, and optional massage. Evening welcome ceremony and setting our intent for the journey.
- Day 2** Morning sun salutation and honoring the waters of the Pacific Ocean. Sand painting and Despacho ceremony. Evening Medicine Spiral.
- Day 3** Morning sun salutation. Silent walk, contemplation, and meditation with sand paintings. Afternoon journaling and preparation for the mountains. Evening sharing circle and guided journey. Conscious dreaming.
- Day 4** Morning sun salutation and move to our camp in the mountains. Find personal place of power. Build our group altar. Evening fire ceremony and sharing circle.
- Day 5** Morning sun salutation and walk to strengthen intention. Afternoon construction of a labyrinth to use in the evening for the rites of womanhood and manhood.
- Day 6** Morning sun salutation. Evening sweat lodge.
- Day 7** Morning sun salutation. Afternoon celebration of the rite of passage into sagehood and evening pipe ceremony.
- Day 8** Morning sun salutation. Evening death and rebirth rites.
- Day 9** Walk up the mountain on a vision quest. Prayer flag ceremony at the top and connect to the Spirit of Eagle, Condor. Descend the other side in an ancient forest of Chilean palms. Last night lodging at Hotel Isla Seca Beach Resort. (www.hotelislaseca.com).
- Day 10** Morning of integration and closing ceremony. Lunch at a fabulous ocean front restaurant. Afternoon ride to Airport.

Day to day itinerary subject to change. Fitness recommended.